



## Sophomore Retreat

Sophomores,

Your retreat focuses on building healthy relationships. It is an overnight retreat at Kavanaugh retreat center in Pee Wee Valley. We will leave Pres after sophomore lunch and return by 3:00 p.m. the following day.

### **The goals of the retreat are:**

- To learn about yourself and to apply that information to relationships with others
- To explore your relationship with God
- To determine why certain relationships are successful
- To examine skills for better communication within relationships
- To appreciate the value of taking time away from your daily routine for reflection and prayer.

Attending an overnight retreat is a privilege. You must be in good academic standing and cannot have had any serious behavior problems.

**Remember that a retreat is a reflective experience** of prayer and self-discovery, not a slumber party. There will be time for having fun, but there will also be time to look seriously at our relationships with self, family, friends, and God.

There will be 3 sophomore retreats this year: Oct 8-9, Feb 10-11 and March 4-5. Please number your choice of retreats 1-3 (1 being first choice, 3 being last choice). Complete and return your permission slip to my office. **The cost is \$65. If turned in before September 24<sup>th</sup>. \$75 after September 24<sup>th</sup>.** If you need financial assistance, just fill out an application. Money should never keep you from participating in the retreat program.

All applications with **Financial Aid** applications are due September 24<sup>th</sup>.

All applications for Retreat **are due October 1<sup>st</sup>.**

Know that I am planning and looking forward to these retreats. Feel free to stop by my office if you have any questions.

Peace,  
Ms. Maguire

## Sophomore Retreat Application

Name \_\_\_\_\_

Please number in order of preference.

\_\_\_\_ Oct. 8-9

\_\_\_\_ January 21-22

\_\_\_\_ Mar. 4-5

Please indicate here if there is a reason you can not be assigned to a specific retreat:

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Check one: Fee prior to September 24<sup>th</sup> \$65, September 25<sup>th</sup> –Oct 1<sup>st</sup> \$75

\_\_\_\_ I have attached a check to cover the total retreat fee.

\_\_\_\_ I would like to pay the retreat fee in 2 parts. I have attached a check for half and will pay the other half by November 1<sup>st</sup>.

\_\_\_\_ I have filled out and attached an application for financial assistance for this retreat.

Please be sure that all Checks are made out to Presentation Academy and have Retreat written on them on the "for" line. Payments should be turned into Ms. Maguire.

*Please be aware that a permission slip will notify you which retreat you will attend. Please fill out the following information for planning purposes.*

### Student Covenant of Conduct

The Retreat Director and retreat team members will put many hours of thoughtful preparation into making this retreat the best it can be for me. In return, I promise to come to retreat with an open mind and heart. I will conduct myself with dignity and grace. I promise to follow the rules and guidelines of the retreat. I understand that if I break the rules of the retreat, there will be consequences just as there are with any school function.

Student signature \_\_\_\_\_

### Allergies/Medication

Please indicate any allergies, dietary needs or medical conditions that the retreat staff should know about.

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On the permission slip you will be required to give instructions for any medications your daughter may need during the retreat. Please be aware that these must be turned into an adult leader as soon as a student boards the bus.

Parent Signature \_\_\_\_\_